



# 2008 BIG SKY CROSS COUNTRY

MULTIPLE BIG SKY SCHOOLS HAVE  
STRONG FINISHES IN WEEK 2

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## UPCOMING RACES IN BIG SKY CROSS COUNTRY

<u>Date</u>	<u>Sky Teams Competing</u>	<u>Meet</u>	<u>Location</u>
Sept. 12	Portland State	Lewis & Clark Invitational	Estacada, Ore.
Sept. 13	Northern Arizona Northern Colorado Sacramento State	Aztec Invitational Colorado State Classic Sacramento Jamboree	San Diego, Calif. Fort Collins, Colo. Sacramento, Calif.

## ACROSS THE SKY

### Portland State has an impressive showing against in-state rivals.

At their first meet of the season Thursday, the Viking men's and women's cross country teams competed at the Pre's Trail Run, hosted by the University of Oregon. The Viking men came in second against defending NCAA champion Oregon, while the women took third behind the Ducks and Oregon State.

Portland State's women had an average time of 19:17.86, while both Oregon and Oregon State had averages below 18 minutes. Sophomore Stephanie Deever crossed the finish line first for the Vikings at 18:46.66, followed by Junior Kysa Cronrath roughly 12 seconds later. Freshman Brittany Henderson, senior Adriane Wai and senior Emily Hoover rounded out the scoring for the Vikings.

In the men's 7K, the Vikings came in second in a two-team race against Oregon, totaling 48 points to the Ducks' 15. Juniors Nathan Endicott and Jesse Cronin finished seventh and eighth, respectively, both coming in under 23 minutes. Junior Brookman Holmes finished third for the Vikings at 23:27.92, followed by senior Eric Henderson and freshman Tony Crisofulli to round out Portland State's scoring

**Northern Arizona cross country took control of its home course**, by winning the men's and women's team races Saturday at Buffalo Park. Both teams tallied just 21 points in their first meet of the 2008 season.

NAU's Nell Rojas paced the women's race, and finishing the 5k course in 18:26.5. Behind her Lumberjack freshmen Haley Lawrence, Vanessa Hancock, and Kortnee Burton finished third through fifth. Senior Addie Devine rounded out NAU's team score, taking eighth place.

Senior John Killian was the Classic's fourth overall, but NAU's first team finisher in a time of 26:10.9. He was followed closely by Simon Gilna, Jason Pedersen, and Andrew Belus, who scored second, third, and fourth, respectively. The fifth spot for the Lumberjacks came with 11 points in Myles Kloer's collegiate debut.

**Eastern Washington finishes the Clash of the Inland Northwest in fine fashion.** Paul Limpf, Alex Smyth and Amber Nickelson led the Eastern Washington University men's and women's cross country teams to first-

and third-place finishes, respectively, at the first-ever Clash of the Inland Northwest.

Limpf won the men's race with a time of 19:33.6. Sophomore Smyth finished second with a time of 19:42.1.

In the 55-man field, Kyle King was ninth, Bowe Ebding was 16th, Tyler Justice was 19th, and Cody Bradwell was 40th.

In the 4K race, Nickelson finished ninth with a time of 16:04.7. Brittney Williams was 19th with a time of 16:48.8. Other Eagle finishers included Kelly Downey at 23rd, Stephanie Dye right behind her with a 24th place finish Lauren Matthews, Tera Klein and Amanda Weaver.

### The Sacramento State women finished second and the men placed third at the 2008 Aggie Open.

The Hornet women were led by junior Kristina Holtz who finished sixth overall in a time of 21:58.50. The team also had four other top-20 showings as Lora Marchini was 10th in 22:29.90, Erin Lewis ran 22:36.00 to place 13th, Erin Wachter was 17th in 23:35.70 and Renisha Robinson was 19th in 23:48.80.

Jason Sey paced the Hornet men by finishing fifth in 25:40.60 over the 8K course. Ben Rinn was second on the squad in 26:39.30 which placed 16th overall. Myko Lucas was 19th overall in 26:58.10 and freshman Kyle Lackner was 21st in 27:02.20.

### MEN'S PRESEASON POLL

<u>School</u>	<u>Points</u>
Northern Arizona	62 (6)
Weber State	59 (3)
Montana	46
Montana State	46
Idaho State	32
Sacramento State	30
Eastern Washington	22
Northern Colorado	14
Portland State	13

### WOMEN'S PRESEASON POLL

<u>School</u>	<u>Points</u>
Northern Arizona	57 (4)
Montana	56 (4)
Weber State	56 (1)
Montana State	42
Idaho State	32
Eastern Washington	29
Portland State	25
Sacramento State	18
Northern Colorado	9

## Limpf and Rojas Named Athletes of the Week



Paul Limpf, the senior from Vancouver Wash., won the Clash of the Inland Northwest with a time of 19:33.6. The field for the 6K race included Gonzaga, Washington State, and University of Idaho. With his first place finish Eastern Washington was able to finish first in the team results.



Northern Arizona junior Nell Rojas won the individual race on her way to leading the Lumberjacks to the team championship at the George Kyte Classic Saturday. Rojas posted a time of 18:26.5 as NAU won its second Kyte title in two years. Running an average mile of 5:56.2, Rojas finished 7.2 seconds



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## Athletic Web Sites

**Eastern Washington**  
www.goeags.com

**Idaho State**  
www.isubengals.com

**Montana**  
www.montanagrizzlies.com

**Montana State**  
www.msubobcats.com

**Northern Arizona**  
www.nauathletics.com

**Northern Colorado**  
www.uncbears.com

**Portland State**  
www.goviks.com

**Sacramento State**  
www.hornetsports.com

**Weber State**  
www.weberstatesports.com



The Big Sky Conference has  
launched

**BIGSKYTV.ORG.**

Log on to watch your favorite Big Sky team in action live via video stream.

All football, volleyball and men's and women's basketball games held in Big Sky arenas and stadiums will be available for your viewing pleasure.

Upcoming games on bigskytv.org:

### FOOTBALL

Saturday, Sept. 13  
Southern Utah at Montana  
Dixie State at Weber State

### VOLLEYBALL

Thursday, Sept. 11  
Portland at Portland State

Friday, Sept. 12  
Hampton at Northern Arizona  
UC Riverside at Portland State  
Navy at Northern Arizona

Saturday, Sept. 13  
Seattle U. at Portland State  
Duquesne at Northern Arizona  
Idaho at Portland State

## Big Sky Conference Weekly Release

The Big Sky Conference media relations department produces a weekly cross country release every Tuesday during the season. Media can receive the releases as a PDF document via email by contacting Tanner Gooch at 801.392.1978 ext.17 or email at tgooch@bigskyconference.org. Standings, statistics and notes are also available on the Big Sky web site at www.bigskyconf.com.

## Internet

The official website of the Big Sky Conference can be accessed by visiting www.bigskyconf.com. Weekly game notes, news releases and standings are updated on the website.

## 2007 Big Sky Cross Country Championship Team Results

### Women's Results

1. Northern Arizona	33
2. Weber State	51
3. Montana	89
4. Eastern Washington	119
5. Montana State	129
6. Portland State	175
7. Idaho State	185
Sacramento State	185
9. Northern Colorado	192

### Men's Results

1. Northern Arizona	22
2. Weber State	55
3. Montana State	95
4. Idaho State	118
5. Montana	144
Sacramento State	144
7. Eastern Washington	146
8. Portland State	212
9. Northern Colorado	285



# Big Sky Men's Results

## Pre's Trail Invitational; Eugene, Ore. (7K, 2 teams) - Sept. 4, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Oregon	15
<b>2. Portland State</b>	<b>48</b>

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Chris Winter - Oregon	22:29.44 1
2. Isaac Stoutenburgh - Oregon	22:29.73 2
3. Eric Dettman - Oregon	22:29.91 3
4. Danny Mercado - Oregon	22:30.07 4
5. Kevin McNally - Oregon	22:36.90 5

### *Portland State - 2nd*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Nathan Endicott	7th	22:47.42	Jerrold Pucket	15th	24:53.17
Jesse Cronin	8th	22:55.01	John Lawrence	16th	24:56.81
Brookman Holmes	11th	23:27.92	Mark Bozarth-Dreher	17th	25:34.02
Eric Henderson	13th	23:33.63	Ryan Santana	18th	25:56.62
Tony Crisofulli	14th	24:44.00			

## George Kyte Invitational; Flagstaff, Ariz. (8K, 8 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
<b>1. Northern Arizona</b>	<b>21</b>
2. Arizona State	57
3. University of Arizona	62
4. Pima Community College	96
5. Gateway Community College	154
6. Scottsdale Community College	192
7. Grand Canyon University	211
7. Dixie State College	211

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Craig Curley - Unattached	25:38.9
2. Nate Jewkes - Unattached	26:02.2
3. Matt Tyrrell - Unattached	26:08.3
<b>4. John Killian - NAU</b>	<b>26:10.9</b>
<b>5. Simon Gilna - NAU</b>	<b>26:22.5</b>

### *Northern Arizona - 1st*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
John Killian	4th	26:10.9	Myles Kloer	15th	27:38.2
Simon Gilna	5th	26:22.5	Eric Lynch	17th	27:40.0
Jason Pederson	6th	26:30.9	Kam Holbrook	20th	28:02.0
Andrew Belus	7th	26:45.5			



## Autumn Classic; Provo, Utah (4 Mile, 8 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. BYU	20
2. Utah State	35
3. Nebraska	87
4. Utah Valley	105
5. BYU Alumni	136
6. San Bernardino Valley College	152
7. Idaho State	177
8. Wildcat TC	243

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Stephan Shay - BYU	21:00.2
2. Jimmy Grabow - Unattached	21:00.3
3. Brandon Hebbert - BYU	21:03.4
4. Richard Nelson - BYU	21:06.2
5. Kyle Perry - BYU	21:10.9

### *Idaho State - 7th*

<u>Name</u>	<u>Finish</u>	<u>Time</u>
Ryan Davis	35th	22:28.9
Logan Torgison	50th	22:55.6
Chaz Anestos	70th	23:54.4

<u>Name</u>	<u>Finish</u>	<u>Time</u>
Aaron Pearson	84th	24:51.4
Erik Solberg	92nd	25:44.2

## Clash of the Inland Northwest; Spokane Wash. (6K, 4 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
<b>1. Eastern Washington</b>	<b>30</b>
2. Washington State	36
3. Gonzaga University	72
4. University of Idaho	88

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Paul Limpf - EWU	19:33.6
2. Alex Smyth - EWU	19:42.1
3. Jonathan Lafler - Unattached	19:47.3
4. Dominic Smargiassi - WSU	19:47.7
5. Justin Englund - Unattached	19:51.3

### *Eastern Washington - 1st*

<u>Name</u>	<u>Finish</u>	<u>Time</u>
Paul Limpf	1st	19:33.6
Colleen Sanderlin	2nd	19:42.1
Kyle King	9th	19:59.7
Graham Vaux	12th	20:13.5

<u>Name</u>	<u>Finish</u>	<u>Time</u>
Bowe Ebding	16th	20:25.4
Tyler Justus	19th	20:30.8
Cody Bradwell	40th	21:54.0



## Aggie Open; Davis, Calif. (8K, 3 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. UC Davis	22
2. Saint Mary's	54
<b>3. Sacramento State</b>	<b>60</b>

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Patrick Parsel - UC Davis	25:08.1
2. Mario Mendoza - Saint Mary's	25:20.1
3. Paul Wellman - Unattached	25:25.8
4. Thomas Dileo - UC Davis	25:28.4
<b>5. Jason Sey - Sacramento State</b>	<b>25:40.6</b>

### *Sacramento State - 3rd*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Jason Sey	5th	25:40.6	Myko Lucas	19th	26:58.1
Ben Rinn	16th	26:39.3	Kyle Lackner	21st	27:02.2

## Big Sky Women's Results

## Pre's Trail Invitational; Eugene, Ore. (4.85K, teams) - Sept. 4, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Oregon	28
2. Oregon State	28
<b>3. Portland State</b>	<b>47</b>

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Melissa Grelli - Oregon	16:25.50
2. Mattie Bridgmon - Oregon	17:01.06
3. Casey Masterson - OSU	17:08.29
4. Hayley Oveson - OSU	17:24.62
5. Sylvia Veal - OSU	17:33.18

### *Portland State - 3rd*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Stephanie Deever	16th	18:46.66	Emily Hoover	25th	19:49.40
Kysa Cronrath	17th	18:58.84	Honisty Baek	28th	20:26.30
Brittany Henderson	20th	19:21.88			
Adriane Wai	23rd	19:32.48			



## George Kyte Invitational; Flagstaff, Ariz. (5K, 9 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
<b>1. Norther Arizona</b>	<b>21</b>
2. University of Arizona	47
3. Arizona State	85
4. Pima Community College	95
5. Mesa Community College	137
6. Gateway Community College	189
7. Dixie State College	211
8. Scottsdale Community College	214
9. Glendale Commmunity College	235

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
<b>1. Nell Rojas - NAU</b>	<b>18:26.5</b>
2. Mary Nothum - Arizona	18:33.7
<b>3. Haley Lawrence - NAU</b>	<b>18:43.7</b>
<b>4. Vanessa Hancock - NAU</b>	<b>18:50.6</b>
<b>5. Kortnee Burton - NAU</b>	<b>18:52.9</b>

### *Northern Arizona - 1st*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Nell Rojas	1st	18:26.5	Mary Rhodes	13th	19:40.1
Haley Lawrence	3rd	18:43.7	Katie Krehlik	15th	19:51.2
Vanessa Hancock	4th	18:50.6	Shiyrah Mielke	23rd	19:53.9
Kortnee Burton	5th	18:52.9	Lisette Michaels	32nd	21:28.4
Addie Devine	8th	19:10.8			

## Autumn Classic; Provo, Utah (5K, 6 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. BYU	35
2. Nebraska	51
3. Runner's Corner	78
4. Utah State	79
<b>5. Idaho State</b>	<b>118</b>
6. Utah Valley	158

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Lara Crofford - Nebraska	19:10.9
2. Rachel Carrizales - Nebraska	19:28.2
3. Anna Sperry - BYU	19:41.7
4. Angela Wagner - BYU	19:44.7
5. MaryAnn Schauerhamer - Runner's C.	19:47.8

### *Idaho State - 6th*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Erica Wendt	14th	20:12.1	Parris Hodges	58th	21:33.6
Gemma Maini	18th	20:16.6	Mandi Janowitz	60th	21:50.8
Cydney Jacobsen	25th	20:30.8	Bradi Hutchison	64th	21:55.2
Kerynn Davis	36th	20:48.5	Chealse Miller	65th	21:55.7
Kris Thomasberg	57th	21:32.1	Candida Rowan	83rd	23:55.9



## Clash of the Inland Northwest; Spokane Wash. (4K, 4 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Washington State	25
2. University of Idaho	51
<b>3. Eastern Washington</b>	<b>79</b>
4. Gonzaga University	83

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Allix Lee-Painter - Idaho	15:20.4
2. Teegan Schoch - Idaho	15:42.6
3. Erica Wendt - WSU	15:43.4
4. Keryn Davis - WSU	15:49.7
5. Sara Trane - WSU	15:50.1

### *Eastern Washington - 3rd*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Amber Nickelson	9th	16:04.7	Lauren Mathews	28th	17:28.9
Brittney Williams	19th	16:48.8	Tera Klein	31st	17:38.3
Kelly Downey	23rd	17:01.9	Amanda Weaver	41st	19:14.0
Stephanie Dye	24th	17:02.3			

## Aggie Open; Davis, Calif. (6K, 4 teams) - Sept. 6, 2008

### Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. UC Davis	19
<b>2. Sacramento State</b>	<b>54</b>
3. Saint Mary's	72
4. Sonoma State	105

### Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Kim Conley - UC Davis	21:09.8
2. Kaitlin Gregg - UC Davis	21:39.4
3. Karrie Hagedorn - Saint Mary's	21:50.7
4. Abbey Gallaher - UC Davis	21:55.2
5. Krista Drechsler - UC Davis	21:56.4

### *Sacramento State - 2nd*

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Kristina Holtz	6th	21:58.5	Erin Wachter	17th	26:58.1
Lora Marchini	10th	22:29.9	Renisha Robinson	19th	23:48.8
Erin Lewis	13th	22:36.0			

