



2008 BIG SKY CROSS COUNTRY

The Big Sky Cross Country Season Starts with Weber State, Idaho State, and Northern Colorado

September 2, 2008

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UPCOMING RACES IN BIG SKY CROSS COUNTRY

<u>Date</u>	<u>Sky Teams Competing</u>	<u>Meet</u>	<u>Location</u>
Sept. 4	Portland State	Pre's Trail Invitational	Eugene, Ore.
Sept. 6	Northern Arizona Idaho State Eastern Washington Sacramento State	George Kyte Invitational Autumn Classic Clash of the Inland Northwest Aggie Open	Flagstaff, Ariz. Provo, Utah Spokane, Wash. Davis, Calif.

ACROSS THE SKY

Idaho State opens the season at home. Idaho State runners Gemma Maini, Erica Wendt and Kerynn Davis all finished in the top five at Saturday morning's Idaho State Dual at Centennial Course, and the Bengal women finished second to Southern Utah overall, just eight points behind the Thunderbirds. Maini, a junior, won the 3K race, finishing with a time of 10:55.97, more than six seconds better than second-place Mary Nothum, who ran unattached. Sophomore Wendt had a time of 11:05.76 and junior Davis at 11:07.19 finished third and fourth, respectively. The Idaho State men's cross country team took third place at the Centennial Course. ISU sophomore Ryan Davis posted the Bengals' fastest time, running the 6K course in 20:04.38, shaving two minutes of his previous personal record at Centennial.

Weber State finishes first and second at the Utah State Invitational. The Wildcats placed five runners among the top eight led by a 1-2 finish from senior Bryant Jensen and junior Bob Lambert. Jensen covered the 6K course in 19:33.7, while Lambert posted a time of 19:42.6. Freshman Mike Hardy was fourth at 19:53.6, followed by close behind in fifth by sophomore Parry Higgison in 19:55.5. Chris Burnett, a redshirt freshman, placed eight in a time of 20:10.1. Utah State posted 32 points while Weber State was a close second with 38 on the women's side. Freshman Natalie Haws finished in second place with a posted time of 17:57.8 on the 5K course. Amy Cook, the lone senior on the team, was fifth in a time of 18:00.9, followed by juniors Cassie Olson in 18:12.0 and Katie Thompson in 18:15.3, their times were good enough for 7th and 8th.

Northern Colorado's men and women match each other with fourth place finishes. Junior Kellie Callahan paced the women's team, finishing in eighth place with a time of 15:28.5

over the 2.5 mile course, while junior Colleen Sanderlin crossed the tape in 15:51.7 to place 10th. Junior Erin Apsey and freshman Megan Horsch finished 21st and 22nd in 16:56.7 and 16:57.0, respectively. Junior Rachel Forrest rounded out the scoring for the Bears with her 30th place finish in 18:17.1. Junior Lisa Drew finished just out of the counters in 31st with her time of 18:55.9. For the men, freshman Dylan Hedges and sophomore Daniel Sojka finished 36th and 37th with times of 25:06.7

and 25:16.7, respectively. Sophomore Ben Corchado placed 40th in 25:35.9, while Travis Stanford, Joe Slack and Joe Pummer placed 45th through 47th.

MEN'S PRESEASON POLL

<u>School</u>	<u>Points</u>
Northern Arizona	62 (6)
Weber State	59 (3)
Montana	46
Montana State	46
Idaho State	32
Sacramento State	30
Eastern Washington	22
Northern Colorado	14
Portland State	13

WOMEN'S PRESEASON POLL

<u>School</u>	<u>Points</u>
Northern Arizona	57 (4)
Montana	56 (4)
Weber State	56 (1)
Montana State	42
Idaho State	32
Eastern Washington	29
Portland State	25
Sacramento State	18
Northern Colorado	9

Athletes of the Week

In order for an Athlete of the Week to be named at least four Big Sky squads must be in action.



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Athletic Web Sites

Eastern Washington
www.goeags.com

Idaho State
www.isubengals.com

Montana
www.montanagrizzlies.com

Montana State
www.msubobcats.com

Northern Arizona
www.nauathletics.com

Northern Colorado
www.uncbears.com

Portland State
www.goviks.com

Sacramento State
www.hornetsports.com

Weber State
www.weberstatesports.com



The Big Sky Conference
has launched

BIGSKYTV.ORG.

Log on to watch your favorite Big Sky team in action live via video stream.

All football, volleyball and men's and women's basketball games held in Big Sky arenas and stadiums will be available for your viewing pleasure.

Upcoming games on bigskytv.org:

FOOTBALL

Saturday, Sept. 6
New Mexico Highlands at
Northern Arizona

VOLLEYBALL

Friday, Sept. 5
Cal State Northridge at Sacramento
State

Saturday, Sept. 6

San Jose State at Sacramento State
Saint Mary's at Sacramento State

Big Sky Conference Weekly Release

The Big Sky Conference media relations department produces a weekly cross country release every Tuesday during the season. Media can receive the releases as a PDF document via email by contacting Tanner Gooch at 801.392.1978 ext.17 or email at tgooch@bigskyconference.org. Standings, statistics and notes are also available on the Big Sky web site at www.bigskyconf.com.

Internet

The official website of the Big Sky Conference can be accessed by visiting www.bigskyconf.com. Weekly game notes, news releases and standings are updated on the website.

2007 Big Sky Cross Country Championship Team Results

Women's Results

1. Northern Arizona	33
2. Weber State	51
3. Montana	89
4. Eastern Washington	119
5. Montana State	129
6. Portland State	175
7. Idaho State	185
Sacramento State	185
9. Northern Colorado	192

Men's Results

1. Northern Arizona	22
2. Weber State	55
3. Montana State	95
4. Idaho State	118
5. Montana	144
Sacramento State	144
7. Eastern Washington	146
8. Portland State	212
9. Northern Colorado	285



Big Sky Men's Results

Wyoming Invitational; Laramie, Wyo. (4.25 Miles, 4 teams) - Aug. 29, 2008

Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Colorado State	33
2. Wyoming	42
3. Air Force	47
4. Northern Colorado	120

Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Mark Korir- UW	21:45.4
2. Michael Huntington- UW	22:03.9
3. Jake Keyser- CSU	22:18.5
4. Jason Delayne Hungry Dog- UNAT	22:30.0
5. Jeremy Freed- CSU	22:31.4

Northern Colorado - 4th

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Dylan Hedges	36th	25:06.7	Travis Stanford	45th	27:13.2
Danny Sojka	37th	25:16.7	Joe Slack	46th	27:16.5
Ben Corchado	40th	25:35.9	Joe Plummer	47th	27:44.0

Idaho State Duel; Pocatello, Idaho (6K, teams) - Aug. 29, 2008

Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Southern Utah	25
2. Utah Valley State	41
3. Idaho State	86
4. Jaguar Shark Club	87

Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Cameron Levins - SUU	18:51.06
2. Nate Jewkes - SUU	19:16.47
3. Matt Tyrrell - Jaguar Shark	19:16.69
4. Josh McCabe - UVS	19:32.22
5. Nigel Sharp - SUU	19:33.91

Idaho State - 3rd

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Ryan Davis	11th	20:04.38	Scott Pearson	31st	22:32.85
Logan Torgison	16th	20:16.28	Aaron Wolfe	34th	23:40.41
Eric Strand	26th	21:59.76	Erik Solberg	35th	23:40.91
Chaz Anestos	29th	22:20.38			



Utah State Invitational; Logan, Utah (6K, teams) - Aug. 30, 2008

Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Weber State	20
2. Utah State	35

Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Bryant Jensen - WSU	19:33.70
2. Bob Lambert - WSU	19:42.60
3. Ben Kessen - USU	19:47.30
4. Mike Hardy - WSU	19:53.60
5. Parry Higginson - WSU	19:55.50

Weber State - 1st

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Bryant Jensen	1st	19:33.70	Chris Burnett	8th	20:10.10
Bob Lambert	2nd	19:42.60	Todd Gilbert	12th	20:24.00
Mike Hardy	4th	19:53.60	Jace Nye	14th	20:45.30
Parry Higginson	5th	19:55.50			

Big Sky Women's Results

Wyoming Invitational; Laramie, Wyo. (2.5 Miles, 4 teams) - Aug. 29, 2008

Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Colorado State	22
2. Wyoming	50
3. Air Force	81
4. Northern Colorado	87

Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Ellie Rastall- CSU	14:49.50
2. Emily Higgins- UW	15:07.30
3. Allison Gohl- CSU	15:13.30
4. Nicole Peters- CSU	15:24.70
5. Kendra Gerk- CSU	15:26.80

Northern Colorado - 4th

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Kellie Callahan	8	15:28	Megan Horsch	22	16:57
Colleen Sanderlin	10	15:51	Rachel Forrest	30	18:17
Erin Apsey	21	16:56	Lisa Drew	31	18:55



Idaho State Duel; Pocatello, Idaho (3K, 3 teams) - Aug. 30, 2008

Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Southern Utah	30
2. Idaho State	38
3. Utah Valley State	68

Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Gemma Maini - ISU	10:55.97
2. Mary Nothum - UNAT	11:02.32
3. Erica Wendt - ISU	11:05.76
4. Keryn Davis - ISU	11:07.19
5. Karinne Bentley - UNAT	11:08.76

Idaho State - 2nd

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Gemma Maini	1st	10:55.97	Kris Thomasberg	25th	12:02.38
Erica Wendt	3rd	11:05.76	Mandi Janowitz	26th	12:14.97
Keryn Davis	4th	11:07.19	Chealse Miller	28th	12:31.47
Cydney Jacobsen	16th	11:32.12	Bradi Hutchinson	32nd	12:56.32

Utah State Invitational; Logan, Utah (5K, 3 teams) - Aug. 30, 2008

Top Team Finishers

<u>Team Name</u>	<u>Points</u>
1. Utah State	32
2. Weber State	38
3. Utah	57

Top Individual Finishers

<u>Name</u>	<u>Time</u>
1. Chelsea Digrazia - Utah	17:57.20
2. Natalie Haws - WSU	17:57.80
3. Jessie Chugg - USU	17:58.60
4. Caroline Berry - USU	17:58.80
5. Amy Cook - WSU	18:00.90

Weber State - 2nd

<u>Name</u>	<u>Finish</u>	<u>Time</u>	<u>Name</u>	<u>Finish</u>	<u>Time</u>
Natalie Haws	2nd	17:57.80	Laken Skidmore	16th	18:52.00
Amy Cook	5th	18:00.90	Loren Storey	20th	19:42.10
Cassie Olsen	7th	18:12.00			
Katie Thompson	8th	18:15.30			

